

Beginning in 2019, the employee prescription benefit partnered with CerpassRx and Telcare to provide free meters and test strips to eligible members. Members are eligible to participate in the program if they are currently taking an insulin product or 2 oral diabetes medications. In addition to cost savings to the member, the program and meter have advantages over current products.

- **Cloud-based system.** This allows all readings to be transmitted safely and securely to the members online log book in real time. Members can also add their doctors to have access to their online log book. As long as the member has cellular service, readings are uploaded from the meter to the cloud-based system automatically. This is an advantage because members can ditch the log book! Members can access their log book through their computer or smart phones.
- **Continuous monitoring and real-time feedback.** Certified diabetes educators will have access to the cloud based log and can provide advice to the member during times of out of range readings. This is an advantage because during times of critical blood sugar readings, members don't often have a team to help them manage the situation in real-time. The diabetes educators are trained in helping members manage critical values and providing support during times that were previously handled alone by the member.
- **Access to a clinical team.** In addition to the meter, a certified diabetes educator and a clinical pharmacist will be available to assist you with managing your diabetes. The certified diabetes educator will call and help members define and achieve their own health goals. The clinical pharmacist is available for face- to- face appointments to go over medications and answer any questions. The pharmacist will also work directly with the member's doctor to optimize their medications.
- **High touch approach.** Members do not need to live alone with diabetes. The certified diabetes educators and pharmacist are both available to provide support to members to help them manage their diabetes.

In addition to the Telcare program, The University of Toledo also offers other programs to help members manage their diabetes. Clinical pharmacists can work with members who don't qualify for the Telcare program to help the member better understand their disease and provide support. Members who are at risk for developing diabetes are also eligible to participate in Prevent T2. This program is designed to help members learn about diabetes and develop habits to prevent the disease progression. .